



Record of Progress

**Student Record**

Module	Requirement	Challenges Completed										Credits
1 – Planning & Going	A – (Mandatory) 3 Parts	A.1	A.2	A.3	A.4	A.5	A.6	A.7	A.8			
	B – (Mandatory) 1 Part	B.1										
2 – Aspects of Trip	A - 3 Parts	A.1	A.2	A.3	A.4	A.5	A.6	A.7				
	B - 3 Parts	B.1	B.2	B.3	B.4	B.5	B.6	B.7				
3 – Museums, Galleries, Heritage	A - 3 Parts	A.1	A.2	A.3	A.4	A.5	A.6	A.7				
	B – 1 or 2 Parts	B.1	B.2	B.3	B.4	B.5	B.6	B.7				
4 - Evaluation	A - 3 Parts	A.1	A.2	A.3	A.4	A.5	A.6	A.7				
	B – 1 or 2 Parts	B.1	B.2	B.3	B.4							

**Assessor Record**

Requirements <input checked="" type="checkbox"/>	Length of Award <input checked="" type="checkbox"/>	Credits <input checked="" type="checkbox"/>	Plan Do Reviews <input checked="" type="checkbox"/>
Summary of Achievement Completed <input type="checkbox"/>	10 Hours Completed <input type="checkbox"/>	1 <input type="checkbox"/>	1 <input type="checkbox"/>
Record of Progress Completed <input type="checkbox"/>	30 Hours Completed <input type="checkbox"/>	3 <input type="checkbox"/>	2 <input type="checkbox"/>
Challenges Complete <input type="checkbox"/>	60 Hours Completed <input type="checkbox"/>	6 <input type="checkbox"/>	3 <input type="checkbox"/>
Evidence in Portfolio Completed <input type="checkbox"/>			

I confirm that the work required for the Adventure and Residential Award has been completed satisfactorily

Student	<input type="text"/>	Date	<input type="text"/>
Assessor	<input type="text"/>	Date	<input type="text"/>

**Record of Hours/Participation**

Record all the time you spend on your award here.

Remember 10 Hours is 1 Credit 30 hours is 3 and 60 is 6 Credits.

48 of those hour will be spent on the Trip!



Number of Hours	Date	Activity	Number of Hours	Date	Activity
1			31		
2			32		
3			33		
4			34		
5			35		
6			36		
7			37		
8			38		
9			39		
10			40		
11			41		
12			42		
13			43		
14			44		
15			45		
16			46		
17			47		
18			48		
19			49		
20			50		
21			51		
22			52		
23			53		
24			54		
25			55		
26			56		
27			57		
28			58		
29			59		
30			60		

To help you complete your award we have picked a few challenges that I know we can manage on the residential, they are not necessary the easiest challenges, however they do fit in with what we are going to be doing.



## Module 1

### Off on a Trip: Planning and Going

#### Section A – Planning – 3 Challenges

#### Challenge 1 (A1)

Check out the arrangements for your trip, make sure you know the following details

- Travel – Time of Departure and Return, is a packed meal needed, length of journey
- Programme of Planned Activities
- Kit you might need
- Spending Money
- Where will you sleeping

#### Preparations beforehand

- Buying new things for the trip
- Packing for the trip
- Saving money for the trip

#### Save proof of what you have done by

- keeping letters
- Activity Programmes
- Photos
- Receipts

#### Challenge 2 (A2)

You have seen the programme, you know where you are going, you are starting to think about packing and what you need, now think about what you would like to gain from the trip, what are you looking forward to? What are you worried about?

Use this tick box to help you understand the Skills you have used within each Challenge

- Skills I used
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

The flyer, programme, kit list, menu and any other information you need is be available to download at

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

There is also a Journal Page and a Photo Page to Download to keep a record of what you do in preparation for your trip at

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

Use this tick box to help you understand the Skills you have used within each Challenge

- Skills I used
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

Download the Expectations document and fill it in for evidence, it can be found at

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)



### Challenge 3 (A7)

Keep a Journal during your trip, this can be writing, photos, video, drawings, anything you want, but it must tell the story of what you experiences during your trip

Use this tick box to help you understand the Skills you have used within each Challenge

- Skills I used
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

Again there is also a Journal Page and a Photo Page to Download to keep a record of what you do during your trip at

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)



## Module 1

### Off on a Trip: Planning and Going

#### Section B – Going – Complete this Section

#### Challenge 1

Section B is about the taking part in the weekend away.

While on the Trip you are away for approximately 48 hours, that is 48 hours so this part of the portfolio needs to look like you have spent that time away

Take lots of photos, make lots of notes. Pick up leaflets, keep receipts and entrance tickets, make recordings on your phone everything will count.

Think about where you are and the experiences you are having.

Think about the history, your feelings, your surroundings, being in the country side and what you have learnt.

Use this tick box to help you understand the Skills you have used within each Challenge

- Skills I used
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

Again, there are Journal Pages and a Photo Page to Download to keep a record of what you do during your trip at.

Use your phone for video and voice recordings.

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

**Module 2****Aspects of Trips and Visits****Section A – Residential – 3 Challenges****Challenge 1 (A2)**

Keep a Food Diary for the duration of the trip, compare it to what you would usually eat and drink, how does it compare?

Within your group complete a simple survey with three questions,

- 1 – What was your favourite meal?
- 2 – What was your least favourite meal?
- 3 – What would you have liked to see on the menu?

Record this information however you wish, photos, video, drawings, there is also a downloadable sheet to fill in

**Challenge 2 (A5)**

Complete this phrase

This residential experience was . . .

- When completing this task think about all the things you have done and experienced.
- How has it made you feel? Proud? Confident? Has it given you a sense of achievement?
- What did you learn about yourself?
- Or are you just happy to have taken part and had a weekend away?
- Share this work with others and see what they think.

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
  - Working with Others
  - Problem Solving
  - ICT
  - Communication
  - Numeracy

Download a simple menu list with the short survey – complete this during the trip.

You can find the list at

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
  - Working with Others
  - Problem Solving
  - ICT
  - Communication
  - Numeracy

Download a 'This Residential Experience was . . .' Sheet – complete this after the trip.

You can find the at

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)



### Challenge 3 (A7)

Other Challenge . . .

During your time away you will be able to take part in around ten different activities.

Use the sheet 'My Activities' to record taking part in at least seven of the ten

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

Download a 'My Activities' Sheet.

You can find them at

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

## Module 2

### Aspects of Trips and Visits

#### Section B – Short Visit – No Challenges required from this section

**Module 3****Museums Galleries and Heritage****Section A – Complete Challenge 1 and at least 2 others****Challenge 1 (A1)**

Take Part in a Visit – Which you are, to Clumber Park

“Clumber Park is a beautiful expanse of parkland, heath and woods covering more than 3,800 acres.

Clumber was once the country estate of the Dukes of Newcastle. Although the house was demolished in 1938, there are many glimpses of its grand past to explore. From the Gothic-style chapel, often referred to as a 'Cathedral in miniature', you can follow in the footsteps of Dukes through the peaceful pleasure ground to the Walled Kitchen Garden where you can experience sights, scents and a taste of the past.

Today Clumber offers freedom to discover a ducal park - explore picturesque parkland and gardens, peaceful woodlands and a magnificent lake. Not only is Clumber's mosaic of habitats home to an amazing array of wildlife, it is also a great place to spot it.”

From - [www.nationaltrust.org.uk/clumber-park](http://www.nationaltrust.org.uk/clumber-park)

So, take lots of photos, videos, pick up leaflets and keep your entrance ticket and keep them together with all your work . . .

**Challenge 2 (A2)**

Create a plan or Map of the area you have visited. Mark the important places and features include emergency points such as where to gather if there is a fire, where to go if you need first aid.

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

Again, there are Journal Pages and a Photo Page to Download to keep a record of what you do during your trip at.

Use your phone for video and voice recordings.

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

There is an OS Map of Clumber Park you can download to give you a head start, there is also a blank map if you wish to create your own

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)





### Challenge 3 (A5)

Accessibility on your visit. How easy is it for all sorts of people to visit and take part in a trip to Clumber Park?

Can all areas be visited by

- Very young children/pushchairs – for example are there activities for the children? Are there baby changing facilities? Is there a child's menu?
- Wheelchair Users – are accessible toilets available? Are doorways wide enough? Are displays and counters at the right height?
- People with visual impairment – Are things available in brail/large print? Are working dogs allowed in cafes and shops?
- Older People – are there concessions? Hearing loops?

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

A downloadable worksheet to help you with this challenge called 'Accessible' is available at  
[www.aboveandbeyonddc.org/nottinghamshire2017](http://www.aboveandbeyonddc.org/nottinghamshire2017)



### Module 3

#### Museums Galleries and Heritage

#### Section B – Complete 1 or 2 Challenges

*Remember for this Module, one Challenge is enough, however if you feel you need to make up hours both challenges can be achieved.*

*One of them you are taking part in anyway . . .*

#### Challenge 1 (B1)

Make a Picture or Drawing of a something that you liked or were impressed with while at Clumber Park and say what you liked about it.

#### Challenge 2 (B7)

Take part in a bike ride around Clumber Park record what you have seen.

This could be photos, video, drawings, maps, pamphlets, or even leaves, bark, flowers, (if it does not damage the environment).

This is also an opportunity to complete the above challenge and make up some hours if needed.

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

A downloadable worksheet to help you with this challenge called 'Impressed' is available at

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

Downloadable worksheets Called 'Journal', 'Photo', & 'Impressed' to help you with this challenge can be found at –

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

**Module 4****Evaluation****Section A - Complete Challenge 1 and at least 2 others****Challenge 1 (A1)**

With a friend who went on the trip with you, talk about the things you enjoyed and the things you did not.

Look at your Expectations Work Sheet from Module 1 Challenge 2.

Did everything happen as expected? Fill in the Expectations 2 Worksheet to help you compare.

**Challenge 2 (A2)**

Think about the idea of Adventure. Below is what Wikipedia and Oxford Dictionaries say adventure means -

“An adventure is an exciting or unusual experience. It may also be a bold, usually risky undertaking, with an uncertain outcome,”

<https://en.wikipedia.org/wiki/Adventure>

“An unusual and exciting or daring experience”

<https://en.oxforddictionaries.com/definition/adventure>

Which means you have been on an Adventure!

- The trip you went on is unusual because it is not something you do every day
- It may have been Bold, (Brave), to leave an environment you know to one you have not experienced
- It was Risky because some of the activities were new to you
- And the outcomes may have been uncertain, because we are never quite sure if we can succeed

Think about your adventure, fill in your Adventure Worksheet and compare with others who were on the trip with you.

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

A downloadable worksheet to help you with this challenge called ‘Expectations 2’ can be found at [www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

A downloadable worksheet to help you with this challenge called ‘Adventure’ is available at [www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)



### Challenge 3 (A4)

Write a letter of thanks to either

- Walesby Scout Campsite
- Clumber Park
- Above & Beyond

Thank them for what they did for your trip,

Tell them several things about what you liked about their Campsite/Park/Organisation.

Tell something you didn't like and how it could be done differently with another group.

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

Downloadable worksheets to help you with this challenge called 'Letter' and 'Letter layout' can be found at

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

**Module 4****Evaluation****Section B – Complete 1 or 2 Challenges**

We are just going to do the one which is

**Challenge 1 (B4)**

Present your folder of work to an adult you work with. Show and tell them about your Adventure and what you did.

Ask the adult to complete the worksheet 'Presentation' with you at the end of your presentation.

**Use this tick box to help you understand the Skills you have used within each Challenge**

- Skills I used**
- Improving own Learning
- Working with Others
- Problem Solving
- ICT
- Communication
- Numeracy

A downloadable worksheet to help you with this challenge called 'Presentation'

[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

## Plan, Do, Review sheets

There are 3 different Plan, Do, Review sheets

- 1 – Improving your own learning
- 2 – Working with others
- 3 – Problem Solving

The table below shows how many you need to complete and which ones depending on the number of hours you have completed towards your award

	Improving your own learning	Working with others	Problem Solving
10 Hour Award	✓		
30 Hour Award	✓	✓	
60 Hour Award	✓	✓	✓



**For example, if you manage 10 hours towards your Award you need to do**

**1 'Improving your own learning', Plan, Do, Review sheet**

**If you manage 30 hours towards your Award you need to do**

**1 'Improving your own learning', Plan, Do, Review sheet and**

**1 'Working with others', Plan, Do, Review sheet**

**If you manage 60 hours towards your Award you need to do**

**1 'Improving your own learning', Plan, Do, Review sheet**

**1 'Working with others', Plan, Do, Review sheet and**

**1 'Problem Solving', Plan, Do, Review sheet**

The Plan, Do and Review Sheets can be found on the website -  
[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017)

Use this page to work out how many you need to complete depending on the hours you have completed

A Witness Statement Sheet can also be found on  
[www.aboveandbeyondcic.org/nottinghamshire2017](http://www.aboveandbeyondcic.org/nottinghamshire2017) along with a Notes Sheet

Do not forget even after 10 hours you can get an award but also remember the actual time you are away is approximately 48 hours

Good luck with your award

The Above & Beyond Team . . .

